

SPECIAL

Conductive Education Online during Corona time

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(Picture: Example of homework for adults)

In our recent Spring Newsletter a couple of weeks ago, we discussed the question “Is CE online possible” and its value to our clients. In these fast moving times and only three weeks later, an immense programme has been originated in Germany as well as in Austria for parents and families.

Contents of Online Programmes

Despite controversial opinions, the makers of the CE online programmes have produced, in a great effort, their online material incorporating the attributes of Conductive Education in practice. Online programmes contain group motivation, have a holistic approach, are transdisciplinary, further cognitive learning, use movement and music.

Lots of videos have been up-loaded on several institution websites protected with passwords for secure access. Available are hand-learning-programmes, standing-programmes, floor programmes as well as stretching. Other training programmes for breathing, certain body parts (fingers, shoulder etc.) have been added. Also role play, morning circles with music for inclusive learning have been recorded and uploaded.

Next to these offers, weekly sessions take place via online platforms with multidisciplinary teams keeping the required security distance, showing the conductor, occupational therapist, physiotherapist and caregiver. The online team instruct the children in group sessions so that group motivation can take place. Some parents assists where necessary, other children manage these sessions on their own. Motivation and fun is high. Professional material and equipment generally used for conductive education, are substituted for the online session by home utensils such as spoons, loo roles, balls etc. Parents receive preparation instructions up-front, to have these utensils ready for the session. Quite often children already have conductive furniture at home. Online videos can be downloaded as often as needed, can be paused to adjust individual learning pace. One-to-one support by conductors via phone is also offered and at times home visits by caregivers, equipped with masks and gloves, are taking place to help with homework in a conductive way for school children. Also grown-up people with disabilities living in sheltered housing are provided with CE online programmes. These are created with conductors and children. The grown-ups receive conductive homework and share their experience and progress during the next session *(see example for homework picture: gross and fine motor skills, coordination,*

language and cognitive skills. Tasks such as: count the insects, copy movement – i.e. jump like a frog, let your arms fly like a butterfly, copy the sound of the bee, etc. ...).

Feedback parents

Lots of positive feedback on the conductive sessions, as well as individual progress in mobility has been collected and received. Parents feel relieved that they are not left alone and forgotten and that therapy continues; the extra burden of home schooling at present in cases is high. Children look forward to their sessions, happy to see their teachers and friends online, not losing their learned abilities.

Prof. Dr. Strobl – New online Seminar for professionals

Prof. Dr. Walter Strobl, neuro orthopaedic, will start an online seminar at the Donau University Krems on the subject Tele-Therapy and Tele-Medicine for therapists, conductors and other professionals. Start of this seminar will be beginning of May. One of the seminars are Tele-Conductive Education. More information is to be found on the website of the Donau University in due cause.

(Link only in German language)

www.donau-uni.ac.at/teletherapie-cp

Conclusion

Back to the question: “Is CE online possible” and valuable to our clients? The answer to this question is definitely: YES!

An overwhelming response and a chance for Conductive Education to show its face and potential. Thank you to those who have put their thoughts and energy into this immense CE online project in such a short period of time.

An impulse for a possible less stressful time, running back and forth to therapies in future.

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